

Ten reasons why you should join a LIFEgroup

- 1. Spiritual growth is intentional and happens in relationship**
 - Mark 3:13-14
 - 2 Tim 2:15
- 2. LIFEgroups provide a place where relationships can develop and grow**
 - Hebrews 10:24-25
- 2. Relationship is at the heart of what it mean to be a disciple of Jesus Christ**
 - John 10:30
 - Acts 2:1
- 4. The New Testament knows nothing of Christian disciples who are not in relationship with other disciples**
 - Acts 2:47
- 5. LIFEgroups provide a safe place for growth and the necessary accountability**
 - Galatians 5:7
 - Galatians 6:1
- 4. Questions can be asked without embarrassment in a relaxed environment**
 - Mark 4:10
- 4. LIFEgroups reflect the family dynamic of church that Sunday services cannot**
 - 1 Timothy 3:15

- 8. Christian maturity develops best in an environment of encouragement, enthusiasm and empowerment**
 - Ephesians 4:11-13
- 9. Care for one another can be more meaningfully expressed**
 - Galatians 6:2
 - Hebrews 3:13
- 10. LIFEgroups seek to work towards reaching others with the gospel**
 - Matthew 28:19-20



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Why
LIFE 
groups

*Knowing Jesus,
Making Jesus Known*

Why LIFEgroups?

There are many verses concerning LIFE in the bible:

- John 10:10, “I have come in order that you might have **life**—life in all its fullness” (TEV)
- 1 John 5:12, “He who has the Son has **life**; he who does not have the Son of God does not have **life**.”
- Matthew 10:39, “Whoever finds his life will lose it, and whoever loses his life for my sake will find it.”
- John 1:4, “In him was **life**, and that **life** was the light of men.”

Essentially **LIFEgroups** are about living **LIFE** together, caring and ministering to each other through life’s ups and downs. It is essential that we have a concern for both the practical and spiritual needs of each other.

What is the purpose of a LIFEgroup?

The purpose of LIFEgroups is to help us to grow in our faith through building community, pursuing intentional growth, and serving like Jesus. We passionately believe the mission of the church is to make disciples (Matthew 28). These groups, by God’s grace, will seek to help us to grow in our love for Jesus, in our following of Him, and in our journey towards becoming a fully devoted disciple.

What are the core values of LIFEgroups?

LIFEgroups have 4 essential components, values if you like:

- **Learning** – We learn together from God’s word and also each other’s LIFE experiences
- **Intercession** – We pray (intercede) on behalf of others
- **Friendship** – We form genuine friendships and not just superficial acquaintances
- **Equipping** – We are equipped to reach others with the gospel

How often do LIFEgroups meet?

LIFEgroups meet weekly on a day and time suitable to the group. There are daytime as well evening groups. Occasionally, LIFEgroups will combine for joint events, prayer meetings and other occasions.

How many will be in a LIFEgroup?

LIFEgroups will contain a maximum of 10-12 people, ideally with one leader and one co-leader. Each of the groups will be quite small in number, but it is hoped that they will grow over time. As people join the church, they will be encouraged to join a LIFEgroup.

Lifetime of a LIFEgroup?

LIFEgroups will typically run for 2-3 years and then be reformed. This will keep the groups fresh and studies have shown that this is good way for organic growth of the group.

What resources/material will LIFEgroups use?

Groups use a variety of material, some ‘off-the-shelf’, and other material developed in-house. Sometimes the material will follow Sunday morning teaching, giving the opportunity to explore the sermon topic more fully, at other times it will be on a separate theme.

What will a typical LIFEgroup evening look like?

A typical LIFEgroup will last an hour and a half to two hours and will include 20 to 30 minutes of enjoying community (including worship), 1 hour of discussion (including Equipping), and 20 to 30 minutes of prayer.

Occasionally the group will have social evenings. Once per term each group will be encouraged to serve in some way through an Act of Kindness, a way to reach out to the community with an act of blessing.

Where will groups meet?

Some groups meet in group members homes and some meet in the church.